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Patient: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_  
\_\_\_\_\_ e-mail \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

SS#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Emergency Contact & #: \_\_\_\_\_

**Responsible Person:** (Note: If this information is same as patient, write "same as above")

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

**Insurance Information:**

Insurance Company: \_\_\_\_\_ Phone: \_\_\_\_\_

Patient's ID # \_\_\_\_\_ Group #: \_\_\_\_\_

Subscriber's Name & Address: \_\_\_\_\_  
\_\_\_\_\_

Subscriber's SS#: \_\_\_\_\_ Subscriber's DOB: \_\_\_\_\_

Subscriber's Employer's Name: \_\_\_\_\_

Subscriber's Relationship to Patient: \_\_\_\_\_

Secondary Insurance? \_\_\_\_\_

**Consent for Treatment:**

I consent to assessment, treatment, and/or diagnostic procedures for myself or for my family member. I understand that the purpose of these procedures will be explained to me upon my request and subject to my agreement. I authorize the release and exchange of information between my provider and the referral source and other co-treating providers for the purpose of treatment, payment, and Health Care Operations. I also authorize the release of information to my health plan for claims or other health plan purposes.

\_\_\_\_\_  
Patient/Legal Representative Signature

\_\_\_\_\_  
Date

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## Office Policies

### Confidentiality

All information disclosed within sessions or consultations is held strictly confidential and may not be revealed to anyone without a written release of information, except where disclosure is permitted or required by law. Disclosure is required in the following circumstances:

1. When there is a reasonable suspicion of child abuse or neglect, or abuse to a dependent or elder adult,
2. When the patient presents an imminent danger to self,
3. When the patient presents an imminent danger to others,
4. If a judge determines that our discussions are not confidential, a judge may request specific information.

**If the patient is a minor, you acknowledge that your child's records are confidential except in the above stated exceptions.** Please be aware that submitting mental health claims to your insurance company carries a certain amount of risk to confidentiality, privacy, and to future capacity to obtain health or life insurance, or even a job. I receive regular professional consultation. In such cases, neither your name, nor any identifying information about you is revealed.

### Phone & Urgent Contact

If you need to contact us by phone, do not hesitate to call the office number. If we are not available, you can leave a message on our voicemail and we will usually return the call that day. In the event of an emergency, please dial 911. You will be charged for phone calls if we have a conversation of an information-exchanging or problem-solving nature that lasts more than 5 minutes. If you cannot reach me in an emergency, you can find help at the following suicide prevention/crisis numbers: (800) 824-6423

### Cancellation of Appointment

The scheduling of an appointment involves the reservation of time specifically for you. In the event of a "No Show" or failure to give a **full 24-hour notice** of a cancellation, **you will be charged the full session fee for all late cancellations and missed appointments.** Please be aware that insurance companies will not cover cancellation charges.

By initialing here, you acknowledge that you have received a copy of the "Notice of Privacy Practices" and the "Patients' Rights and Responsibilities." \_\_\_\_\_

\_\_\_\_\_  
Patient/Legal Representative Signature

\_\_\_\_\_  
Date

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### Fee Agreement

**Fees & Insurance:** Fees are approximately \$130 for follow-up medication evaluation & individual therapy and are subject to change without notice. Sessions are 20-50 minutes in length. Letter writing, consultations with other professionals, telephone conversations, reading records or reports, longer sessions, etc. will be billed at the same rate. Returned checks are subject to a \$35 fee. This agreement supersedes all previously agreed to financial agreements and is effective as of the date signed.

Patients who carry insurance should remember that professional services are rendered and charged to the patient and not to the insurance company. Please be aware that not all issues/problems/conditions dealt with in therapy are covered by insurance. It is your responsibility to verify the specifics of your coverage. You are responsible for any applicable deductibles and copays at the beginning of each session. You understand that insurance is billed as a courtesy to you and that **you are responsible for full payment if the insurance company denies the claim.**

If your account is overdue (unpaid) and there is no written agreement on a payment plan, I can use legal or other means (court, collection agencies, etc.) to obtain payment.

**Cancellation policy:** The scheduling of an appointment involves the reservation of time specifically for you. Our office makes every attempt to notify you of your scheduled appointment prior to leaving our office, and/or within 48 hours via phone, email and text. Please be aware that insurance companies will not cover cancellation charges. Patients are required to provide a credit card number which will be charged the full session fee in the event of a "no show" or failure to give a full 24-hour notice of cancellation.

**In the event of a "No Show" or failure to give a full 24-hour notice of a cancellation, you will be charged the full session fee for all late cancellations and missed appointments. If you are a Medicaid participant, on the first "No Show" or failure to give a full 24-hour notice, you will not be charged a fee, however you will be discharged from the practice.**

**Credit Card Authorization:**

I, \_\_\_\_\_, am authorizing Positive Perceptions, PLLC to charge the full session fee to the credit card indicated below in the event that I (or the patient, if services are being paid for by parent or other adult) fail to give 24 hours notice of cancellation of a scheduled appointment. I further authorize Positive Perceptions PLLC to charge my credit card for any unpaid balances for services rendered that remain on the account.

Card Type (circle one):      Visa              Mastercard

Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

CVV code (3-digit code on back of card) \_\_\_\_\_

Name as printed on card \_\_\_\_\_ Billing zip code \_\_\_\_\_

Authorized cardholder signature \_\_\_\_\_ Date \_\_\_\_\_

I have read the above fee agreement and discharge notification document carefully, and I understand it and agree to all of its terms and conditions.

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date

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## Symptom Inventory & Treatment History

Patient Name \_\_\_\_\_

Person completing form (if different from patient) \_\_\_\_\_

Patient's Occupation \_\_\_\_\_ Education Level \_\_\_\_\_

Ethnicity \_\_\_\_\_ Religion \_\_\_\_\_ Practicing? Yes No

Reason for visit: \_\_\_\_\_

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Please rate the severity of the following symptoms over the last month according to the following rating scale:

**0-No difficulty**

**1-Mild**

**2-Moderate**

**3-Severe**

- |  |                                     |
|--|-------------------------------------|
| _____ Decreased appetite                     | _____ Nightmares                    |
| _____ Increased appetite/eating more         | _____ Hypervigilance                |
| _____ Bingeing and/or purging                | _____ Obsessive thoughts            |
| _____ Weight change? +/- _____ lbs.          | _____ Compulsions                   |
| _____ Depressed mood                         | _____ Spending sprees               |
| _____ Decreased energy/fatigue               | _____ Racing thoughts               |
| _____ Sleep changes: trouble falling asleep; | _____ Rapid heart beat              |
| trouble staying asleep; trouble              | _____ Trouble breathing             |
| waking up                                    | _____ Sweating                      |
| Avg. # hours sleep _____                     | _____ Phobia                        |
| _____ Decreased sexual desire                | _____ Police/Probation involvement  |
| _____ Difficulty with sexual functioning     | _____ Stealing                      |
| _____ Loss of interest in activities         | _____ Lying                         |
| _____ Crying                                 | _____ Truancy                       |
| _____ Feelings of hopelessness               | _____ Violent behavior towards      |
| _____ Feelings of helplessness               | others                              |
| _____ Decreased attention span               | _____ Destruction of property       |
| _____ Inattentive/Distractible               | _____ Harming animals               |
| _____ Memory problems: Long-term;            | _____ Fire setting                  |
| short-term                                   | _____ Opposition                    |
| _____ Self-injurious behavior                | _____ Anger outbursts               |
| _____ Thoughts of suicide                    | _____ Irritability                  |
| _____ Thoughts of harming others             | _____ Flashbacks of traumatic event |
| _____ Impulsivity                            | _____ Worry/Fear                    |
| _____ Hyperactivity                          | _____ Anxiety/Nervousness           |

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Patient's Name \_\_\_\_\_

How many alcoholic beverages do you consume per week? \_\_\_\_\_

List street drugs used in last 10 years (type/frequency/amount): \_\_\_\_\_

List any legal concerns (i.e. pending custody case, charges for larceny): \_\_\_\_\_

Family history of mental health or substance abuse problems? \_\_\_\_\_

Previous psychological or psychiatric treatment? (List dates & provider names): \_\_\_\_\_

Any psychiatric hospitalizations? \_\_\_\_\_

Medical history: \_\_\_\_\_

Current medications & dosages: \_\_\_\_\_

Name of prescribing physician: \_\_\_\_\_

Current stressors: \_\_\_\_\_

Goals for treatment: \_\_\_\_\_

Any other information you would like your provider to know? \_\_\_\_\_